

Kupu Whakataki – From Our Chairperson

Kia ora koutou,

This year as the chairperson of the Horses Helping Humans trust I have experienced momentum, reconnection, and watched us develop a desire for a deepening and long lasting impact. The paddocks, the ponies, and the people—each have played a role in helping our rangatahi breathe easier, stand taller, and find their footing again.

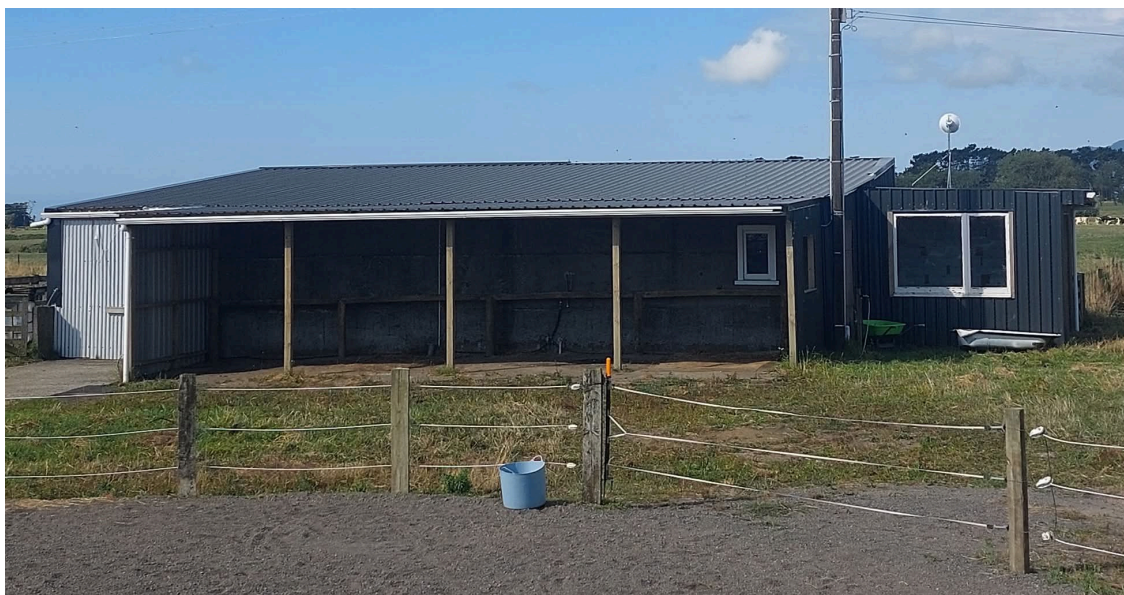
In the 12 months ending 31 March 2025, we've supported **130 tamariki and rangatahi**, aged 7 to 24, with 110 of them receiving full funding to attend. From the windswept coastline of Warea to the pine blocks of Rāhotu, and into the heart of New Plymouth and Hāwera—we've quietly, steadily, continued our kaupapa.

We sadly farewelled Bridget and Chrissy have been so very lucky to include three new and experienced wāhine into the herd. Janet, Emma and Ngahina joined us and we are thrilled to have their strengths, knowledge and energy as part of the trustee gang. The amazing John "Steak" Goodin, QSM, became our patron this financial year too. We are so lucky to have him on board and in our support.



We have developed grass free tracks to support the metabolic health of our herd, and are watching as fencing gets more professional, safer and aesthetically pleasing.

We were stoked to win the roofing iron competition - well done Laura, bringing a new lease of life to the beautiful old shed we call HQ.



We even took to the national stage, appearing on **TVNZ's *Seven Sharp*** to launch a call-to-action for **businesses to sponsor rangatahi** through our programme. It was a proud, nerve-wracking moment for us, but one that again our Laura took in her stride. The piece truly reflected the boldness and heart of the program, and the belief that every young person coming through our programme deserves this experience.



And 2025 saw us launch our very first **REACH Professional Development workshop for teaching staff**, giving educators the same tools we teach our youth—how to breathe, stand, and respond with calm confidence. We are building a network of adults who can walk alongside rangatahi in a shared language of regulation and respect.



Thank you to everyone who walked alongside us: funders, referrers, parents, businesses, kaimahi, and our beautiful herd. You are part of something life-changing.

Ngā mihi nui,

Gemma Chambers

Chairperson – Horses Helping Humans Taranaki Trust

